

Personal Flood Plan

Checklist *Things to do before a flood*

- [Find out if you are at risk of flooding](#)
- [Find out if you can receive flood warnings](#)
- Prepare and keep a list of all your important contacts to hand or save them on your mobile phone
- Think about what items you can move now and what you would want to move to safety during a flood such as pets, cars, furniture, and electrical equipment
- Know how to turn off gas, electricity and water supplies
- Prepare a flood kit of essential items and keep it handy. It can include copies of important documents, a torch, a battery-powered or wind-up radio, blankets and warm clothing, waterproofs, rubber gloves and a first aid kit including all essential medication.
- Consider buying flood protection products such as flood boards and airbrick covers to help reduce flood water getting into your property

Checklist *Things to do during a flood*

- Tune into your local radio station on a battery or wind-up radio
- Fill jugs and saucepans with water
- Grab your flood kit - if you have prepared one
- Collect blankets, torch, first aid kit, medication and food
- Move important documents, personal items, valuables, and lightweight belongings upstairs or to high shelves
- Raise large items of furniture, or put them in large bags if you have them
- Move people, outdoor belongings, cars and pets to higher ground
- Switch off water, gas and electricity at mains when water is about to enter your home. Do not touch sources of electricity when standing in water
- Fit flood protection products, if you have them, for example flood boards, airbrick covers, sandbags
- Put plugs in sinks and baths. Weigh them down with a pillowcase or plastic bag filled with soil
- If you do not have non-return valves fitted, plug water inlet pipes with towels or cloths
- Move your family and pets upstairs or to a high place with a means of escape

Listen to the advice of the emergency service and evacuate if told to do so

Avoid walking or driving through flood water. Six inches of fast-flowing water can knock over an adult and two feet of water can move a car

Checklist *Things to do after a flood*

If you have flooded, contact your insurance company as soon as possible

Take photographs and videos of your damaged property as a record for your insurance company

If you don't have insurance, contact your local authority for information on grants and charities that may help you

Flood water can contain sewage, chemicals and animal waste. Always wear waterproof outerwear, including gloves, wellington boots and a face mask

Have your electrics, central heating and water checked by qualified engineers before switching them back on

Utilities *Utility contacts*

Contact	Company	Number	Cut-off	Notes
Electricity provider				
Gas provider				
Water company				
Telephone provider				
Insurance company				
Local council				

Contact list

Name	Contact	Description
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