

Borth Memorial Sports and Community Hall Weekly Diary

October	Monday 28/10/2024	Tuesday 29/10/2024	Wednesday 30/10/2024	Thursday 31/10/2024	Friday 01/11/2024	Saturday 02/11/2024	Sunday 03/11/2024
Main Hall	Seated Pilates - (11:00 - 12:00) Pilates - (12:00 - 13:00) Table Tennis - (18:00 - 19:00) Circuit Training - (19:30 - 20:30)	Borth Actif - (09:00 - 14:00) Pilates - (18:00 - 19:00) Borth Badminton Club - (19:30 - 21:30)	Slow Yoga - (09:15 - 10:15) Bowls - (13:30 - 15:30) Badminton - Private - (18:00 - 19:00)	Aerobics - (10:00 - 11:00) Senior Citizens - (14:00 - 16:00) Table Tennis - (16:45 - 17:45) Disco - Bix - (18:00 - 19:00)	Badminton - Private - (11:00 - 12:00) Children's Party - (14:00 - 16:00)	Colourscape - (09:00 - 17:00)	Colourscape - (09:00 - 17:00)
Dance Studio			Flow Yoga - (17:30 - 18:30)				