

Borth Memorial Sports and Community Hall Weekly Diary

September	Monday 30/09/2024	Tuesday 01/10/2024	Wednesday 02/10/2024	Thursday 03/10/2024	Friday 04/10/2024	Saturday 05/10/2024	Sunday 06/10/2024
Main Hall	Seated Pilates - (11:00 - 12:00) Pilates - (12:00 - 13:00) Table Tennis - (18:00 - 19:00) Circuit Training - (19:30 - 20:30)	Borth Actif - (09:30 - 13:00) Pilates - (18:00 - 19:00) Borth Badminton Club - (19:30 - 21:30)	Slow Yoga - (09:15 - 10:15) Bowls - (14:00 - 16:00) Badminton - Private - (18:00 - 19:00)	Aerobics - (10:00 - 11:00) Senior Citizens - (14:00 - 16:00) Table Tennis - (16:45 - 17:45) Disco - Bix - (18:00 - 19:00)	Badminton - Private - (11:00 - 12:00) Junior Badminton - (17:00 - 19:00)		
Dance Studio			Flow Yoga - (17:30 - 18:30)				
Meeting Room 1			Women's Institute - (14:00 - 16:30)				