

**Borth Memorial Sports and Community Hall**  
**Neuadd Goffa Chwareon a Gymuned y Borth**

**WHAT'S ON**

**Week Commencing: 30 January 2023**

(UP) = Upstairs;  
(??) = Unconfirmed  
(P) = Private event  
(NTW) = Not this week

**Monday – 30/01/2023**

1300-1400 – Pilates – For booking contact  
rbhfitness.co.uk  
1800-1900 Table Tennis  
1930-2030 – Circuit Training – 01970  
871137

**Tuesday – 31/01/2023**

1200-1300 – Older Adults Exercise  
1800-1900 – Pilates – For booking contact  
rbhfitness.co.uk  
1930-2130 – Senior Badminton – 01970  
871677  
1400-1500 – Tai Chi - 07792122494

**Wednesday – 01/02/2023**

0930-1300 - Borth Family Centre –  
07896616857 (NTW)  
1330-1600 - Bowls  
1400-1600 - W.I.  
1800-1900 - Badminton (P)  
1915-2015 - Cricket practice

**Thursday – 02/02/2023**

1030 - Aerobics – 01970 871148  
1400-1600 – Senior Citizens (NTW)  
1745-1845 – Aerobics (Rachel P.)  
1830-1930 – Yoga (UP)

**Friday – 03/02/2023**

0930-1030 – Bethan Davies  
1100-1200 – Badminton (P)  
1700-1900- Junior Badminton – 01970  
871677

**Saturday – 04/02/2023**

1330 ko - Football - Borth United v  
Llanilar Reserves  
1100-1400 – Party  
1500-1800 - Party

**Sunday – 05/02/2023**

1700-1900 – Model Flying Club

For more information see:  
[www.borthcommunity.info](http://www.borthcommunity.info)  
or Hilary Matthews (Pricing) on 01970 871912 and Roy Jones (Hall  
Booking) on 07484 732006 or 01970 624020.

**Coming Soon:** 7th & 8th February - Blood Donation Sessions